

Notes on contributors

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MALCOLM THICK has written a book and several articles on market gardening in England and has also researched aspects of food history in the early modern period, including editing William Ellis's *Country Housewife's Family Companion*. A few years ago he produced a book on the life and work of the Elizabethan proto-scientist Sir Hugh Plat. He has written about manuscript recipe books dated before 1800: their structure and language, and the social history they reveal. Recently he has been working with the Hugh Sinclair Unit of Human Nutrition at Reading University on the Hugh Sinclair Archive. He is a Fellow of the Royal Historical Society. Email: bellglass@waitrose.com.

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